

Information For the User

Ashwagandha 100 mg + Horny weed extract 100 mg + Tribulus Terrestris 100 mg + Yohimbine extract 200 mg + coffee bean extract 50 mg + fenugreek extract 50 mg + Magnesium 50mg + Zinc 4 mg, B6 1.2mg + Mucuna pruriens 100mg + Safed musli 100 mg + shilajit (black asphatum) 30 mg

Fertiedge Gold Tablet

Herbal and Mineral Supplement Tablet: Composition and Overview

Active Ingredients (Per Tablet):

- **Ashwagandha:** 100 mg
- **Horny Goat Weed Extract (Epimedium):** 100 mg
- **Tribulus Terrestris Extract:** 100 mg
- **Yohimbine Extract:** 200 mg
- **Coffee Bean Extract:** 50 mg
- **Fenugreek Extract:** 50 mg
- **Magnesium:** 50 mg
- **Zinc:** 4 mg
- **Vitamin B6:** 1.2 mg
- **Mucuna Pruriens Extract:** 100 mg
- **Safed Musli:** 100 mg
- **Shilajit (Black Asphaltum):** 30 mg

What is This Supplement?

This tablet is a comprehensive formulation of herbal extracts, vitamins, and minerals designed to promote overall health, energy, and vitality. It may support hormonal balance, improve physical performance, and enhance general well-being.

Potential Benefits

1. **Energy and Stamina:**
 - Ashwagandha, Yohimbine, and Coffee Bean Extract may help boost energy levels and combat fatigue.
2. **Sexual Health and Libido:**
 - Horny Goat Weed, Tribulus Terrestris, Safed Musli, and Shilajit are traditionally used to support male and female sexual health.
3. **Hormonal Balance:**

- Fenugreek and Mucuna Pruriens may aid in balancing hormones and improving fertility.

4. **Muscle Strength and Recovery:**

- Magnesium and Zinc contribute to muscle function and recovery.

5. **Stress Management:**

- Ashwagandha and Vitamin B6 may help reduce stress and promote mental well-being.

6. **Antioxidant Support:**

- Coffee Bean Extract and Shilajit provide antioxidants that protect against oxidative stress.

Dosage and Administration

- **Recommended Dose:** 1 tablet daily, preferably with meals, or as directed by a healthcare provider.
- **Administration:** Swallow the tablet whole with water.

Precautions

- **Consult Your Doctor:**
 - Before use, especially if you have existing medical conditions (e.g., hypertension, heart problems, or hormonal imbalances).
 - If you are pregnant, planning to become pregnant, or breastfeeding.
- Avoid exceeding the recommended dose.
- Monitor for any allergic reactions to herbal components.

Potential Side Effects

Common:

- Mild gastrointestinal discomfort (e.g., nausea, bloating).
- Increased energy or mild restlessness (from Yohimbine or Coffee Bean Extract).

Rare but Serious:

- Hormonal effects or sensitivity reactions to specific herbs.
 - Elevated heart rate or blood pressure (due to Yohimbine or Coffee Bean Extract).
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Drug Interactions

- May interact with medications for blood pressure, diabetes, or hormonal therapy.
 - Avoid combining with other stimulants or supplements containing caffeine.
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Storage

- Store in a cool, dry place, away from direct sunlight.
 - Keep out of reach of children.
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Disclaimer: This supplement is intended for use as a dietary aid and is not a substitute for medical advice or treatment. Consult a healthcare professional before starting this or any supplement regimen.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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